



Special Olympics GB
Anniversary Games 2018
Stirling, Scotland 

FAMILIES

INFORMATION



Welcome

Welcome to the Families Information Handbook.

This handbook gives you lots of helpful information which we hope you will find useful.

Overview

The Anniversary Games will celebrate both Special Olympics GB's 40th birthday (SOGB was founded in 1978) and also the 50th birthday of the worldwide Special Olympics global movement (set up in 1968 by President JFK's sister Eunice Kennedy Shriver)

The Special Olympics GB Anniversary Games will involve approximately 1,500 athletes, coaches and officials

As well as athletes from GB Regions, athletes from Europe & Asia will take part in the Games

An estimated 2,500 family members will attend these Games

A primary focus of the Games is Play Unified to promote lasting relationships between disabled and non-disabled people through joint participation on and off the field of play; in sports teams, in-school activities and event volunteering

In 2018 our Play Unified activity will engage Young People, using a **"Be bold, be kind, be awesome!"** campaign

This will help us challenge young people's perceptions and attitudes, especially towards young people with intellectual (learning) disabilities, to create a more unified next generation

There will be an event on the Saturday evening led by our Play Unified Athletes



University of Stirling



The University of Stirling campus is located at the heart of central Scotland, it enjoys excellent public transport links and is easily accessible on foot, by bike, by bus and by train or by most combinations of the above travel methods.

The Getting Here pages are designed to show how easy it is to reach The University of Stirling Campus, and to highlight the benefits of taking a more active approach to your journey to “the most picturesque university campus in Europe”. Go to www.stirling.ac.uk university and follow the link about the University and Maps.

The University campus is set within 330 acres (1.3 km²) of grounds beneath the Ochil Hills, 2 miles (3.2 km) from the centre of Stirling, close to the town of Bridge of Allan. It is regularly described as one of the most beautiful campuses in the world and was ranked 1st in the UK for its campus environment in the International Student Barometer 2016. It is situated on the site of the historic Airthrey estate which includes the Robert Adam-designed 18th century Airthrey Castle and includes the Hermitage woods, Airthrey Loch, Airthrey Golf

Course and a 50-metre swimming pool. The Andrew Miller Building incorporates an Atrium, which contains several retail and food outlets including a bookstore, bank and general store. This building links the Library and Robbins' Centre Students' Union and has connecting bridges to the Cottrell Building, on-campus student residences and the MacRobert Arts Centre.

Family Accreditation

Family accreditation packs will be available from the Special Olympics desk in the Thistle Marches Shopping Centre outside the HMV store at the following times:-

Wednesday 8th 10am until 4pm and Thursday 9th August from 10am to 12pm

Thereafter accreditation passes can be obtained from the Families Marquee within the Games Village on the Campus.

Merchandise will also be available at these venues.

The Opening Ceremony

The Opening Ceremony will be held in Forthbank Stadium, Stirling on Thursday 9th August from 7pm to 9.30pm, doors will open for spectators from 4pm with everyone required to be seated by 5.30pm. The athletes parade will start at 6pm and opening ceremony at 7pm with entertainment from our star studded line up. Tickets are on sale via the website price £10.00 plus small booking fee.

Tickets must be purchased if you wish to attend the opening ceremony.

<https://my.stirling.gov.uk/maps/skpar>

There will be parking available at various car parks around the venue, the Peak, St Modans High School. Disabled parking for Blue Badge Holders will also be available at the Stadium. The Springkerse park and ride bus from the town also passes Forthbank Stadium

Games Timetable

All sports with the exception of Golf and Indoor Bowls will be based on Campus. A copy of the sports schedules will be available on arrival.

Campus Based Sports include

- Boccia
- Badminton
- Table Tennis
- Football (7s)
- Swimming (lower ability)
- Athletics (lower ability)
- Cycling
- MATP
- Netball Showcase only
- Golf (Callander Golf Club Friday 10th & Saturday 11th)
(Sunday 12th within the campus)
- Indoor Bowls (Stirling Indoor Bowling Club)

Timetable for Games

Thursday 9 th Aug	Arrivals of Teams and Opening Ceremony
Friday 10 th Aug	Divisioning & Sports Competition Netball Showcase - evening
Saturday 11 th Aug	Sports Competition Ceilidh - evening organised by Wallace HS
Sunday 12 th Aug	Sports Competition MATP Closing Ceremony
Monday 13 th Aug	Teams Depart

Healthy Athletes Programme

Free health screenings and information at Special Olympics local, regional competitions and World Games

The Healthy Athletes Programme is dedicated to providing health services and education to Special Olympics athletes and changing the way health systems interact with people with intellectual (learning) disabilities. By offering free health screenings and information at Special Olympics local, regional competitions and World Games, training for health care professionals and evaluation of the health status of people with intellectual (learning) disabilities, Healthy Athletes has become a powerful public health programme worldwide.

In Stirling the Healthy Athletes programme will again provide free health screenings for our athletes. The screenings may identify issues that require some follow up after the athlete returns home. If needed, the athlete will be given a referral form. There will be screenings in

Podiatry – Fit Feet
Audiology – Healthy Hearing
Physiotherapy – FUNfitness
Dentistry – Special Smiles

We are grateful to all those involved in the Healthy Athlete Programme.

Merchandise

There will be an Official merchandise store during the games based on the Campus in the Games Village area.

Opening Times are 9.30am to 9.30pm

We have a range of official Anniversary Games merchandise ranging from T shirts, Hoodies, Bags, Travel Mugs, Pens, Limited Edition Glassware, Umbrellas, Pin Badges, and once in a life time our very own cuddly toy 'Wallace the Heilan Coo' and much more.

The Merchandise Tent is well worth a visit.

Funds raised from the sales are benefiting the Special Olympics GB 40 Anniversary Games.

Around the Campus

The Games will also include a Fan Zone, a Healthy Athletes Programme and a Athletes zone, housed in marquees within the Stirling University Campus playing fields area, known as the Games Village.

This will include, music, games, merchandise stall, catering vans or just a place to chill.

Photography Policy

When you arrive and register at the Games, you will also be asked to register any photographic/video devices that you will be using if you intend to take any photographs or video during the Games. You will receive a small sticker which you are asked to place on your camera/video device for the period of the Games.

Registering your Media Devices

You will need to complete a Camera Registration Form when you pick up your accreditation pack or when within the sports facilities.

Transport in and around Stirling

If travelling by car to the university via the M9 it would be easier to leave the M9 at junction 11 take the exit for Bridge of Allan go through Bridge of Allan to the University.

If travelling to the opening ceremony via the M9 take exit 9 at the Moto services and then the A91 towards Springkerse at the fifth roundabout take the exit for the Peak and Forthbank Stadium.

Buses

The University of Stirling is served by excellent bus links from Stirling city centre. At peak times some 19 buses per hour run from Stirling to the main University campus. Most bus services to the campus run from either just outside Stirling's Rail Station or a two minute walk away, in Murray Place, making it possible to enjoy an easily integrated public transport journey to the campus.

Timetable: Found on the following website:

www.firstgroup.com/south-east-and-central-scotland

First Bus operate the following services to the University – Unilink (UL), 54/54A, 58, 62 and 63.

Regular travellers to and from the University can also enjoy savings on First Group buses by purchasing a weekly FirstWeek ticket. FirstWeek ticket holders

can enjoy unlimited travel within their designated travel zone over a period of seven days.

The principal provider of bus services is First Group, which operates the following services to/from the University.

First Bus have designed two mobile phone applications (apps) to help you whilst you're on the move; both are available for iPhone and Android phones:

First Bus App

Using the First Bus app, you can obtain timetable and Real-Time information, service updates and news about First Bus services sent straight to your phone.

mTickets App

The mTickets App enables you to purchase bus tickets using your phone. Once registered for mTicketing, simply buy your ticket, activate it for the day or week required, show your ticket to the bus driver and away you go!

Further details here:-

<https://www.firstgroup.com/south-east-and-central-scotland/plan-journey/first-travel-apps>

Trains

Routes and journey planning information

For information on train times, ticket prices and routes please consult National Rail Enquiries.

<http://www.nationalrail.co.uk/>

National Rail enquiries also offer a journey planner, timetables and a text update service, as well as real time departures information.

If you're planning a journey the Traveline Scotland journey planner may help you find the best mode of transport

Rail Timetable of departures from Stirling

- Alloa hourly (journey time approx. 13 mins)
- Edinburgh every 30 mins (journey time approx. 55 mins)
- Glasgow (express) hourly (journey time approx. 32 mins)

- Glasgow (stopping) every 30 mins (journey time approx. 40 mins)
- Perth hourly (journey time approx. 32 mins)
- Inverness 7 daily (journey time approx. 3 hours)
- Aberdeen hourly (journey time approx. 2 hours 15 mins)
- London direct (journey time approx. 5 hours 20 mins)

Taxis

On-street taxi ranks are provided for use by licensed taxis in the City Centre or places where it has been identified that they would be beneficial.

The main consideration in the location of taxi ranks is ensuring they can be safely accommodated without conflicting with other kerbside demands.

They are also sited so that passengers can board or alight from the taxi onto the footway on the nearside of the vehicle.

Location of ranks

Stirling

- Murray Place - (south) outside Nos. 45/65
- Murray Place - (north) outside No. 80/82
- Outside Railway Station - on Station forecourt

See below a list of licensed Stirling Taxi companies: Please contact Taxi Company direct for further details

Saturn Taxi's: Tel 01786 811111 Sky Cabs: Tel: 01786 81 82 84

Roundabout Travel: 16 seater Mini Buses Tel: 07813 032137

Stirling Taxis: 01786 816236 Gold Star taxis: 01786 500555

Jade Taxis: 118 Raploch Rd: 01786 446678

Woodside Taxis: 94 Cornton Rd: 01786 450005

City Cabs Stirling: 2 Edward Rd: 01786 465557

Stirling Taxis: 10 Cunningham Rd: 01786 343434

Stirling Airport Shuttle: 10 Cunningham Rd: 01786 498222

Places to Visit in Stirling

Stirling is a wee city with a big history; it punches well above its weight for historic attractions and spectacular scenery, not to mention shopping, places to eat and events.

Get your bearings by looking out from the hill-top esplanade at Stirling Castle and take in views of the city and surrounding areas, just as kings and queens of Scotland have done before you. Spot the winding River Forth and the prominent National Wallace Monument on the edge of the rolling Ochil Hills before looking north east for the mountain peaks of Loch Lomond & the Trossachs National Park.

Please see below a list of historical sites to visit.

Stirling Castle: Castle Esplanade, Stirling FK8 1EJ: 01786 450000

Wallace Monument: Abbey Craig, Hillfoots Rd, Stirling FK9 5LF: 01786 472140

Argyll's Lodging: Castle Hill, Kippen, Stirling FK8 1EG: 01786 450000

Old Town Jail: St John St, Stirling FK8 1EA: 01786 464640

The Battle of Bannockburn Visitor Centre: Glasgow Road, Whins of Milton, Stirling FK7 0LJ: 01786 812664

Cambuskenneth Abbey: Ladysneuk Rd, Stirling FK9 5NG

To book tickets, directions/ maps or for further details please contact

Stirling Tourist information:

Stirling Information Centre, Old Town Jail, St John Street, Stirling, FK8 1EA, 01786 475019

Also the following websites are very helpful.

www.destinationstirling.com

www.stirling.co.uk

www.trivago.co.uk

www.expedia.co.uk

www.visitscotland.com



Family friendly places to eat

Enjoy delicious food and drink on your break to Stirling in friendly pubs, cosy cafés, wide variety of take away options and buzzing restaurants.

Some recommended restaurant close the Stirling University include the following make sure your book your table.

The Birds and Bees: Easter Cornton Rd, Stirling F01786 472089K9 5PB: 01786 473663

Corrieri's : 7 Alloa Rd, Stirling FK9 5LH: 01786 472089

Westerton Arms: 34 Henderson St, Bridge of Allan, Stirling FK9 4HR: 01786 833999

Allan Water Café: 15 Henderson St, Bridge of Allan, Stirling FK9 4HN: 01786 833060

Meadow Park 56 Kennilworth Road Bridge of Allan, 01786 834084

Other great place to eat and drink can be found at the following websites:

www.destinationstirling.com

www.stirling.co.uk

www.trivago.co.uk



Stirling Shopping and Supermarkets

If shopping is an integral part of your holiday, then you're in luck. Browse independent boutiques in the historic surroundings of the Old Town and the Victorian Stirling Arcade. Head to The Thistles shopping centre for top brands and high street retailers. Unusually, the centre was built around a 16th century jail cell, known as the Thieves Pot. Take a look inside and hear the tales of times gone by for free!

Shopping Centre:

Thistles Shopping Centre: Goosecroft Rd, Stirling FK8 2EA: 01786 470055

Supermarkets

Stirling has a variety of supermarkets with the largest three having a petrol station close by.

Please contact store or view online for opening time.

Sainsbury's Supermarket and Petrol Station: Drip Rd, Stirling FK8 1RA: 01786 469200

Tesco Superstore: Wallace St, Stirling FK8 1NP: 0345 677 9658

Morrisons: 19 Springkerse Rd, Stirling FK7 7TL: 01786 448231

Other supermarkets include Waitrose, Lidl and Aldi, CO-OP and Iceland

There are also main other local community convenience store and specialised Asian and European food stores.

Entertainments

Stirling has many entertainment outlets a few are listed below.

Tolbooth: Located in the heart of the old town, the Tolbooth is Stirling's venue for live music and the arts. Located in the heart of the old town, the Tolbooth is Stirling's venue for live music and the arts, offering year round programme of live music, comedy, theatre and creative learning workshops.

Visit: www.culturestirling.org/tolbooth to see what is on while you are in Stirling.

Vue Cinema:

www.myvue.com/cinema/stirling/getting-here

Forthside Way, Stirling FK8 1QZ: 0345 308 4620

AMF Ten Pin Bowling: Forth St, Riverside, Stirling FK8 1UE: 0844 826 3033

Useful Websites / Contacts

If you are a family member or friend of an athlete participating in the Special Olympics Anniversary Games please take a look to following websites for information on accommodation, sites to visit, eating places and entertainment in Stirling and local area.

www.destinationstirling.com

Stirling Tourist information: Stirling Information Centre, Old Town Jail, St John Street, Stirling, FK8 1EA 01786 475019.

Further information is available on the Specialolympicsscotland40 website



All that remains is for us to wish you a most memorable of games.

See you soon

